



Step By Step Family Foot Care
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INSTRUCTIONS FOR CARING FOR YOUR FOOT FOLLOWING A NAIL PROCEDURE:

1. Leave the dressing on your toe for 36 hours. Do not get the bandage wet or dirty
2. Remove the gauze before showering and leave the tape and foam dressing in place. Remove the tape and foam in the shower.
3. Wash your toe and nail with soap and water.
4. Dry with gauze and rinse again with a wound wash solution
5. Apply topical antibiotic –Amerigel-- to the side of the nail
6. Cover with a gauze dressing
7. Change daily

If you have any questions or problems, please call the office.